

ENGLISH

2018

Price list

PREMIUM WELLNESS & SPA

By synergising spiritual and physical elements – through a unique ambience, an individual approach and specific programmes – we help you discover a newer, deeper sense of your body's well-being and health. Following the idea that a harmony of energies is needed to achieve feelings of calmness and relaxation, we have created unique ambiances based on the principles of Feng Shui and space design, in which you will feel different and relaxed

BETWEEN FANTASY AND REALITY

The centre covers an area of 1,300 square metres over two floors. The first floor offers a fantastic view of nature and a variety of water facilities including a large heated seawater indoor pool with a length of 15 m and maximal depth of 1.70 m (water temperature 29°C) and a whirlpool. Here you'll also find three different saunas: Turkish, Finnish and Bio. Sophisticated rooms for massages and other treatments are located on the upper floor. The interior's modern design leaves a long-lasting impression on visitors. The stunning outdoor pool is 25 m long and 2 m deep. Surrounded by nature and heated by the sun, it will surely meet all your expectations.

WORKING HOURS

7:00 – 21:00

RESERVATIONS

We recommend booking your appointment in advance at the wellness centre reception on 051 743 880.

CANCELLATIONS

To cancel your appointment, please let us know **at least 6 hours** before the treatment start time.

For cancellations **up to 4 hours** before the start time, 50% of the treatment price will be charged.

For later cancellations, the full price of the booked treatment will be charged.

GIFT VOUCHERS

Invite your loved ones or business partners to an unforgettable experience!

Gift vouchers can be purchased at the wellness centre reception.

HOUSE RULES

- Please switch your mobile phones to silent mode upon entering the wellness centre.
- We kindly ask you to arrive 10 minutes before the beginning of your treatment. In the event of late arrival, it will not be possible to prolong the treatment
- Children up to 16 years of age are not allowed in the spa relax zone (saunas) and in the fitness centre; it is also not allowed to use fitness equipment without appropriate footwear.
- Please inform your therapist or the person at reception about any special health condition you might have (heart issues, high blood pressure, pregnancy or similar).

FIVE ELEMENTS Wellness & Spa

Remisens Premium Hotel Ambassador

Felixa Perišića 5 • 51410 Opatija, Croatia • +385(0)51 743 880

five.elements.ambassador@remisens.com • www.remisens.com

SPA RELAX

Movement is man's best medicine.

The sophisticated and cosy Spa Relax area will thrill you with its invisible transition into nature. The spectacular whirlpool, Finnish sauna, bio-sauna, Turkish bath, ice fountain, teas... What a magnificent choice! Relax and surrender yourself to fantasy...

Hotel guests no extra charge

Outside guests (up to 3 hours) **170 kn**

Sauna scrub **20 kn**

Pool supplement **30 kn**

Children's pool (2-12 years) **40 kn**

Bathrobe **30 kn**

POOL

Hotel guests **no extra charge**

Outside guests (up to 3 hours) **70 kn**

FITNESS

Outside guests (up to 2 hours) **70 kn**

SOLARIUM 1 minute **7 kn**

MEMBER CARDS	Pool	Fitness	Saunas	Pool + Fitness	Pool + Saunas	Fitness + Saunas	Pool + Fitness + Saunas
10 sessions	400.00 kn	400.00 kn	700.00 kn	600.00 kn	800.00 kn	800.00 kn	1,000.00 kn
1 month – unlimited	500.00 kn	500.00 kn	800.00 kn	700.00 kn	900.00 kn	900.00 kn	1,100.00 kn
2 month – unlimited	700.00 kn	700.00 kn	1,000.00 kn	900.00 kn	1,100.00 kn	1,100.00 kn	1,300.00 kn
3 month – unlimited	1,000.00 kn	1,000.00 kn	1,300.00 kn	1,200.00 kn	1,400.00 kn	1,400.00 kn	1,600.00 kn
6 month – unlimited	1,500.00 kn	1,500.00 kn	1,800.00 kn	1,700.00 kn	1,900.00 kn	1,900.00 kn	2,100.00 kn
1 year – unlimited	2,500.00 kn	2,500.00 kn	2,800.00 kn	2,700.00 kn	2,900.00 kn	2,900.00 kn	3,100.00 kn

MASSAGES

Massage is the most ancient way of healing.

CLASSIC MASSAGE

This full body massage relaxes, relieves pain and has a beneficial effect on your overall psychophysical condition.

Price: 370 kn (45 min)
250 kn (20 min)

INDIVIDUAL MASSAGE

A massage targeted at individual problematic areas.

Price: 370 kn (40 min)

COMBINED MASSAGE

Back and foot massage.

Price: 380 kn (45 min)

FOOT MASSAGE

Just like other parts of our body, our feet require special attention too.

Price: 250 kn (20 min)
380 kn (45 min)

FOUR-HAND RELAX MASSAGE

Experience the special four-hand massage in which two therapists relax your body with synchronised massage movements.

Price: 550 kn (45 min)

AROMA MASSAGE

This massage is recommended for preserving physical and mental health.

The massage oil (olive oil, cocoa butter, apricot oil, shea butter, almond oil, grape seed oil, vitamin E, lavender, cypress, rosemary, eucalyptus and orange oil) contains a carefully selected combination of natural oils and essential oils of the Mediterranean which have the task of deeply nourishing, hydrating and regenerating the skin and restoring its elasticity and velvety softness.

Price: 500 kn (45 min)
580 kn (60 min)

FACIAL MASSAGE

Price: 220 kn (20 min)

CUPPING THERAPY

Cupping therapy + massage

A detoxifying therapeutic treatment using a vacuum method that relieves pain, improves internal organ function, and purifies the blood. It stimulates lymphatic drainage, which helps achieve the detoxifying effect of this non-invasive, simple and effective therapy. The vacuum therapy reduces back and neck pain and acts against myogelosis, which helps to relieve pain and makes clients feel more relaxed. It is also excellent in treating headaches, sciatica and lumbago.

Price: 550 kn (30 min)

600 kn (50 min)

700 kn (70 min)

780 kn (90 min)

MANUAL LYMPHATIC DRAINAGE

Manual lymphatic drainage has a beneficial effect on the lymphatic system, autonomic nervous system, sensory pain reflex, and immune system. It removes excess water and protein from the tissue, eliminates metabolic waste and toxins, boosts lymphocyte production, reduces stress and pain, relaxes, and increases resistance against infection.

NECK & FACE

NECK & BACK

NECK & CHEST

NECK & ARMS

Price: 300 kn (25 min)

NECK & ABDOMEN & LEGS

Price: 500 kn (50 min)

Price: 690 kn (75 min)

JASPIS LUXURY SPA

This exclusive area is aimed at people who love privacy and luxury. It is designed for small groups (2-4 people) and includes a Turkish sauna, crystal bath, and relax area.

RITUAL JASPIS DE LUXE

Feel the beneficial effect of a special scrub on your skin in a Turkish sauna filled with warm, moist air, and relax in a crystal bath. After that, surrender to a relaxing 45-minute aroma massage. You'll be delighted with an unusual area with water beds, where you can forget the world outside. Soft music, exotic scents, fruit in chocolate and champagne – your satisfaction is guaranteed. Our recommendation!

Price: 1,950 kn (3 hours / 2 people)

RITUAL JASPIS

Feel the beneficial effect of a special scrub on your skin in a Turkish sauna filled with warm, moist air, and relax in a crystal bath. You'll be delighted with an unusual area with water beds, where you can forget the world outside. Soft music, exotic scents, fruit in chocolate and champagne – your satisfaction is guaranteed. Our recommendation!

Price: 1,450 kn (2 hours / 2 people)

PRIVATE TURKISH SAUNA

This exclusive area is aimed at people who love privacy. In the moist, warm air of the Turkish sauna you will apply a special scrub that has a superbly beneficial effect on even the most sensitive skin. The mud ensures deep cleansing of the skin and stimulates the elimination of toxins.

Price: 250 kn (1 hour)

REMI SENS PREMIUM PROGRAMMES

LADIES' DAY

- Collagen & hyaluronic (75 min)
- Honey body scrub (20 min)
- Classic massage + cold pressed oil (45 min)
- Manicure

Price: 1,320 kn

GENTLEMEN'S DAY

- Ultra men (30 min)
- Combined massage (45 min)
- Pedicure

Price: 1,020 kn

PREMIUM RELAX DAY

- Secret facial treatment (75 min)
- Royal massage (60 min)
- Hair care deluxe (45 min)
- Pedicure & manicure

Price: 2,400 kn

PREMIUM DELUXE

- Reverso massage (75 min)
- Intensive facial treatment (60 min)
- Hair care deluxe (45 min)

Price: 1,670 kn

COLD PRESSED OILS

You can choose various cold pressed oils as an addition to your massage. Your skin deserves the best from nature.

In the cold pressing process, the mass of crushed seeds or fruit is pressed without additional heat at a maximum temperature of 40-50°C and is then immediately filtered through a coarse sieve and stored in bottles. Cold pressed oils have a more intense scent and come in smaller amounts than other oils made from the same mixture.

OILS	FACE	BODY
ARGAN – the tree of life: nourishes sensitive skin, heals eczema and prevents the appearance of stretch marks	30 kn	50 kn
JOJOBA – liquid wax: ideal for all skin types.	30 kn	50 kn
HAZELNUT – exceptional effect on the skin: stimulates circulation and is ideal for oily and combination skin care.	30 kn	50 kn
COCONUT – pure relaxation: nourishes the skin, provides it with plenty of moisture, and strengthens its natural protection against free radicals.		40 kn
BORAGE - for sensitive skin: effective in inflammatory processes like dermatitis, eczema, ringworm, acne, psoriasis, and stretchmarks.	30 kn	50 kn
SWEET ALMOND - This oil soothes dry and irritated skin. It hydrates, smoothens and renews the skin.	30 kn	50 kn
AVOCADO - has a regenerative, restructuring and antioxidant effect. Helps against premature skin aging, prevents the appearance of wrinkles, and preserves the structure of the skin's connective tissue (collagen, elastin, hyaluronic acid). Improves the firmness of the skin and is especially useful in the area around the eyes, as well as in décolletage and facial care.	30 kn	50 kn
MAKADAMIJA - has a regenerative, restructuring and antioxidant effect. Helps against premature skin aging, prevents the appearance of wrinkles, and preserves the structure of the skin's connective tissue (collagen, elastin, hyaluronic acid). Improves the firmness of the skin and is especially useful in the area around the eyes, as well as in décolletage and facial care.	30 kn	50 kn

EVA MARIA COSMETICS

Organic above all

Croatia's world class 100% ORGANIC OIL ELIXIRS have rapidly conquered the world of professional high-end luxury care. This exclusive beauty concept is based on the uncompromising, 100% organic quality of oil recipes in which the purest, superior active ingredients are innovatively combined. These are clearly indicated in each treatment so that our clients know exactly what is being applied to their skin.

Exclusive Eva Maria Cosmetics ORGANIC SUPREME MASSAGE RITUALS have been designed in synergy with the Remisens Premium Spa team of experts to achieve an unmatched THREE-DIMENSIONAL BENEFICIAL EXPERIENCE:

- ✓ Immediately visible face and body revitalisation as a result of highly concentrated, sophisticated active ingredients.
- ✓ Completely renewed, high-quality skin structure with long lasting effect and visible results.
- ✓ Deep relaxation of body and mind along with a fantastic feeling of wellbeing due to the effect of the first-class essential oils that are present in all Eva Maria Cosmetics Supreme products.

DEPILATION

Full leg hair removal

Price: 190 kn

Lower leg hair removal

Price: 110 kn

Bikini hair removal

Price: 120 kn

Brazilian hair removal

Price: 150 kn

Arm hair removal

Price: 100 kn

Armpit hair removal

Price: 100 kn

Back hair removal

Price: 150 kn

Chest hair removal

Price: 190 kn

Upper lip hair removal

Price: 50 kn

DEPILÈVE WAXES

As a worldwide leader in professional waxing technology, Depilève is present in nearly 100 countries worldwide and is considered a pioneer of the most advanced waxing technologies. The company's research team continuously develops new formulas to improve wax quality and the depilation process. As a waxing innovator, Depilève uses the best quality ingredients available in the world for wax production. Its factory has two certificates, ISO 9001 and ISO 22716, with the highest quality standards.

MANICURE

Hand care + nail polish

Price: 260 kn

MANICURE & O.P.I

Manicure + permanent nail polish

Price: 360 kn

MANICURE FOR MEN

Price: 230 kn

PEDICURE

Foot care + nail polish

Price: 360 kn

PEDICURE & O.P.I

Pedicure + permanent nail polish

Price: 460 kn

PEDICURE FOR MEN

Price: 310 kn

ZOYA NAIL POLISH

Price: 80 kn

O.P.I PERMANENT NAIL POLISH

The durability of a permanent nail polish is individual and depends primarily on nail growth rate. It is important to point out that applying or removing permanent nail polish does not damage the nail. On the contrary, permanent polish protects the nail since it remains protected from mechanical and chemical damage and becomes firmer and more resistant with time. Permanent nail polish can also prevent the splitting and breaking of nails. It is removed easily and gently in less than 10 minutes, and a new colour can be applied after manicure. Our wellness centre offers a wide variety of permanent nail polishes in more than 40 hues, which means that everyone can find their favourite colour.

Price: 200 kn (without manicure)

NOTE: a manicure beforehand enhances the quality of permanent nail polish.

FACIAL AND BODY CARE

PRIMA BALLERINA

Aristocratic beauty

A gentle and beneficial massage ritual that exclusively uses Prima Ballerina Supreme Oil Elixir. The luxury recipe of pure, cold pressed, 100% organic sweet almond oil and cold pressed sunflower seed oil (the best conductor of active substances in the skin) is enhanced with a high concentration of 100% organic ylang-ylang oil, which is the main active ingredient, and vitamin E. The calming, natural chamomile scent provides an elegant, powdery feel of cashmere-like softness.

Price: 650 kn (75 min)

REVERSO

The Kiss of Light

The ultimate, regenerative ANTI-AGE ritual for rejuvenating the most demanding face and body skin.

REVERSO SUPREME oil elixir is based on 100% organic cold pressured argan oil, popularly known as LIQUID GOLD. This supreme preparation is enriched with cold pressed apricot seed oil with a high share of active ingredients from rose geranium, blueberry and lavender. The natural scent of Mediterranean rosemary and verbena leaves a sophisticated and extremely refreshing scent on the skin.

Price: 800 kn (75 min)

Advice: You can also choose a special oil from this line that is effective after exposure to the sun – **SUPREME OIL ELIXIR REVOLUTION AS AN AFTER-CARE PRODUCT**

PERSONAL BUTLER

Absolute luxury for him

A royal massage ritual for men who appreciate quality care. The perfectly balanced active ingredients nourish and protect the skin and stimulate vitality.

The PERSONAL BUTLER Supreme oil elixir is made from 100% organic cold pressed apricot seed, jojoba and sweet almond oil and is enriched with 100% organic eucalyptus essential oil, as well as cypress and peppermint oil. A professional massage with selected intensity stimulates extraordinary skin revitalisation, relaxes and balances the mind, and has an immediate and long-term rejuvenating effect on the entire body.

Price: 700 kn (75 min)

Advice: You can also choose a special oil from this line that is effective after exposure to the sun - **3AM ROOM SERVICE.**

MANICURE/PEDICURE

O.P.I PERMANENT NAIL POLISH

This professional nail care brand has been available on the market since 1981. It recognises each client's needs and strives to satisfy their individual requirements by offering quality and immaculate treatments at every moment. Permanent nail polish today receives a lot of attention and provides great advantages. Our wellness centre offers its guests the best professional global brand, OPI GelColor.

OPI GelColor permanent nail polish is distinguished by its exceptionally natural appearance, firmness and high gloss. It can last for more than 14 days after application. During that time, nails do not change their shape or shine, and the colour remains intact.

ZOYA & QTICA NATURAL POLISHES AND PRODUCTS

Art of Beauty was founded in 1986 by Zoya and Michael Reyzis. They had a vision which developed from a small nail salon to a spa centre with an emphasis on natural nails, skincare and alternative European herbal treatments. Today, the company is the manufacturer of the most innovative professional cosmetics products. As an advanced chemist, Michael developed and patented unique products such as anti-wrinkle treatments, shampoos and regeneration treatments in salons and spa centres. He also created the first **fast-drying top coat and the most permanent nail polish**, thus starting a revolution in the nail polish industry. Brands such as **ZOYA nail polishes**, **QTICA treatments** and **QTICA Smart Spa** offer superb quality, full satisfaction and exceptional value to salons and spa centres. Zoya nail polishes and care products do not contain toxic ingredients such as toluene, formaldehyde and DPB (dibutyl phtalate). Art of Beauty focuses on health and the well-being of salons, spa centres and consumers. AOB brands can be found in the best salons, spa centres and resorts worldwide. They have received acknowledgement and awards from the best fashion magazines and been voted the best products by consumers for many years.

FIGHT AGAINST CELLULITE IN 6 DAYS

Day 1

Treatment against cellulite (75 min)

Day 2

Mechanical lymphatic drainage (40 min)

Day 3

Anti-cellulite massage (40 min)

Day 4

Mechanical lymphatic drainage (40 min)

Day 5

Treatment against cellulite (75 min)

Day 6

Anti-cellulite massage (40 min)

Price: 1950 kn

FIGHT AGAINST CELLULITE IN 4 DAYS

Day 1

Treatment against cellulite (75 min)

Day 2

Mechanical lymphatic drainage (40 min)

Day 3

Anti-cellulite massage (40 min)

Day 4

Mechanical lymphatic drainage (40 min)

Price: 1230 kn

FIGHT AGAINST CELLULITE IN 3 DAYS

Day 1

Treatment against cellulite (75 min)

Day 2

Mechanical lymphatic drainage (40 min)

Dan 3

Anti-cellulite massage (40 min)

Price: 1100 kn

ENERGISING RITUALS

A healthy mind in a healthy body.

FIVE ELEMENTS

This special ritual represents a unique combination of the Feng Shui philosophy, the Five Elements concept, and an ancient massage technique.

An original massage technique using crystal balls, the use of various crystals, shiatsu and Thai massage techniques – these are the elements that we use to achieve a complete energy balance and harmony of body and spirit.

Price: 700 kn (90 min)

Advice: the treatment begins with stretching exercises. Therefore, we kindly ask you to wear comfortable sports clothing.

RECIPE OF THE HOUSE:

LAVA SHELL MASSAGE

Lava Shells is a holistic massage that has an impact on the overall state of your health and helps treat various health issues: it eases spasms and muscle ache, improves circulation and immunity, and removes tension, anxiety and chronic tiredness caused by stress. Its main purpose is relaxation, and it is particularly recommended for people who love heat.

Price: 650 kn (60 min)

WELLNESS RITUALS

SOTHYS DREAM MASSAGE (massage & exfoliation)

An individual approach as the basis of wellness finds its full expression here. This special Sothys massage is adapted to your wishes and needs – the choice of aromas and massage techniques is entirely yours, which guarantees complete relaxation in accordance with your own wishes. This treatment hydrates the skin, provides it with nourishment and restores its shine.

Price: 560 kn (60 min)

SOTHYS HANAKASUMI (enzymatic body exfoliation & Japanese foot massage technique)

This extraordinarily pleasant, fragrant and relaxing treatment makes your skin soft and has a relaxing effect. Oriental foot massage technique and exotic cherry blossom rice body exfoliation.

Price: 560 kn (60 min)

SOTHYS ORIENTAL MASSAGE

A special treatment inspired by ancient Far Eastern rituals: application of a special ointment to prepare the body for exfoliation, followed by a modelling massage using exclusive Sothys movements with a special **terracotta stone** inspired by traditional oriental techniques. The aromatic notes of myrrh and amber leave an unforgettable impression on all the senses.

Price: 560 kn (60 min)

PREMIUM LOTUS

Exfoliation & massage

This gentle but **thorough exfoliation** (avocado oil, shea butter, macadamia oil, wheat seed oil, sea salt, vitamins A, C and B, lavender, rosemary and mint) removes dead cells and impurities and softens, hydrates and nourishes the skin, making it velvety soft. The treatment continues with a body massage. The massage oil (olive oil, cocoa butter, apricot oil, caraway butter, almond oil, grape seed oil, vitamin E, lavender oil, cypress, rosemary, eucalyptus and orange) contains a carefully selected combination of natural oils and essential oils of the Mediterranean which have the task of deeply nourishing, hydrating and regenerating the skin and restoring its elasticity and velvety softness.

Price: 750 kn (75 min)

LYMPHATIC MASSAGE WITH DEVICE

LYMPHATIC DRAINAGE FOR LEGS, FEET, ABDOMEN AND ARMS

Mechanical lymphatic drainage, or pressotherapy, stimulates the lymphatic system, which has the task of cleaning intracellular space of the by-products of cell metabolism. It is an indispensable part of anticellulite programmes. It prevents swollen legs and damaged circulation. The rhythmic blowing of the air chambers in the inflatable 'boots' directs and removes excess fluid from the tissue, which reduces oedema. The treatment produces a state of relaxation and decreases swelling and pain.

Price: 310 kn (40 min)

ELECTROSTIMULATION

Muscle electrostimulation is a technique which contracts muscles using electric impulses. These stimulate the muscles in the same way as natural contraction through physical activity. *Compex* muscle stimulators simulate the same physiological effects on the motor nerves as those produced by the human brain, causing the muscle to contract. Since the muscle does not know where the signal that stimulates it comes from, the same desired effect is achieved. Muscle electrostimulation can be used for:

- ✓ improvement of competitive performance
- ✓ body shaping
- ✓ better and faster regeneration
- ✓ pain relief
- ✓ prevention of atrophy

Price: 250 kn (20 min)

300 kn (30 min)

BODY CARE

HONEY BODY SCRUB

Special exfoliation with honey resulting in an incredibly soft skin.

Price: 260 kn (20 min)

GINGER EXFOLIATION

Ginger-based scrub-balsam with a rich texture and enchanting, exotic fragrance.

Price: 260 kn (20 min)

MEDITERRANEAN EXFOLIATION

This gentle but thorough exfoliation (avocado oil, shea butter, macadamia oil, wheat sprout oil, sea salt, A, C and B vitamins, lavender, rosemary and mint) removes dead cells and impurities and softens, hydrates and nourishes the skin, making it velvety soft.

Price: 300 kn (20 min)

ANTI-CELLULITE MASSAGE

Price: 350 kn (40 min)

ANTI-CELLULITE SLIMING TREATMENT

With active ingredients, a special anti-cellulite massage, and serums targeted to your type of cellulite, this Sothys treatment has excellent results. It removes cellulite by breaking it up and dissolving it.

Price: 560 kn (75 min)

LIGHT LEGS

This intensive treatment stimulates microcirculation and boosts the elimination of toxins from the legs. Bandages provide gentle compression and relieve the sense of tiredness and tension from the legs.

Price: 360 kn (45 min)

Note: This is a cold treatment.

LIGHT LEGS plus

This intensive treatment stimulates microcirculation and boosts the elimination of toxins from the legs. Bandages provide gentle compression and relieve the sense of tiredness and tension from the legs. The treatment is followed by a 30-minute mechanical lymphatic drainage.

Price: 590 kn (90 min)

SOTHYS – FACIAL CARE

Your face is a mirror of your health.

SOTHYS COSMETICS is a well-known French skincare cosmetics line. It has been on the cosmetics market since 1946, and today can be found in more than 100 countries worldwide in 15,000 beauty institutes and spa centres. Sothys products are tailored to meet the needs of the most demanding wellness and SPA centres. Sothys offers a wide range of **facial and body care, as well as make-up products**. The company's unique scientific approach is based on efficiency, security, naturalness and pleasure. Sothys products combine sensitivity and pleasure through sophisticated scents and textures with supreme efficiency based on highly refined wellness treatments and daily home care to prolong and enhance results. The **exclusive Digi-Esthétique® global method is an original technique** that boosts the effectiveness of treatments and the absorption of active ingredients. The original Sothys technique – a combination of oriental acupressure methods and western massage movements – is at the centre of all Sothys programmes to enhance sensory ability and provide moments of pleasure for body and spirit.

SECRET DE SOTHYS

(regenerative treatment)

Discover the perfect Soin Excellence Secret de Sothys treatment, which combines selected ingredients with elegance and refinement for an unforgettable sense of well-being.

With Sothys rose stem cells and the precious oil of the porcelain flower.

Price: 1,200 kn (90 min)

Advice: we recommend this treatment to people who love attractive and soft scents and want to completely relax body and mind.

COLLAGEN & HYALURONIC

(anti-aging treatment)

Rejuvenate your skin with this new generation intensive treatment. A combination of highly concentrated Sothys cosmetic complex active ingredients affects different stages and conditions of the skin. This treatment firms and smoothens the wrinkles, giving the skin a youthful appearance and a healthy glow.

Price: 660 kn (75 min)

HYDRA 3HA

This replenishing and hydrating treatment is a Sothys solution to quench thirsty skin and combat dehydration. A combination of hyaluronic acid and patented Boletus extract reactivates the natural hydration levels to reveal a more youthful complexion. Moisturising serums, ultra-nourishing massage cream and enveloping mask restore the natural softness and suppleness of the skin.

Price: 660 kn (75 min)

ENERGISING TREATMENT

(Energising treatment with Siberian ginseng)

This facial treatment with exclusive DigiEsthetique massage method based on Siberian ginseng restores skin vitality and radiance, and optimises energy reserves in the cells.

Price: 660 kn (75 min)

Note: This treatment is recommended for sensitive skin and facial skin after extensive sun exposure.

DEEP FACIAL CLEANSING

Price: 420 kn (50 min)

DEEP FACIAL CLEANSING + FACIAL CARE

Facial treatment + deep cleansing

Price: 760 kn (90 min)

SEASONAL FACIAL TREATMENT

A facial treatment based primarily on fruit. This very effective treatment ensures radiance, smoothness and hydration. The water basis and natural fruits provide excellent aromatherapy for your senses. Enjoy pure nature!

Price: 390 kn (45 min)

NIANCE – BODY CARE for him

The ultimate anti-aging body treatment

MEN REVITALISE

Luxury ritual for **body and face** for you and your senses.

The anti-aging exfoliation with triple-effect: a mechanical, enzymatic and gentle acid-based exfoliation serves to cleanse your skin deeply. The ultra-precise Premium Glacier Body Serum tones and re-mineralises the body. The deeply relaxing NIANCE[®] Serpentine stone massage with most valuable NIANCE[®] anti-aging oils relieves physical tensions.

Price: 1,200 kn (120 min)

MEN REFINE

The anti-aging exfoliation with triple effect: a mechanical, enzymatic and gentle acid-based exfoliation serves to cleanse your skin deeply. The Premium Glacier Body Serum is the ultimate fat burner, tones, re-mineralises and finally nourishes and shapes your body.

Price: 550 kn (40 min)

MEN REVIVE

New vitality for MEN. This luxury NIANCE[®] Serpentine stone massage provides you with new energy and vitality and releases tensions. The most valuable NIANCE[®] anti-aging oil compositions and high-tech anti-aging ingredients tone your skin, re-mineralise your body and stimulate your lipid metabolism.

Price: 600 kn (50 min)

NIANCE – FACIAL CARE for him

Luxury Multi-Anti-Aging & Relax facial treatments

LUXURY TREATMENT FOR THE EYE CONTOUR AREA

Premium Glacier Eye Deluxe – luxury treatment for the eye contour area.

Price: 450 kn (30 min)

ULTRA MEN

Intensive facial treatment for men. An effective treatment for dry or tired skin. Intense skin hydration and enhanced microcirculation lets the skin look relaxed and recreated.

Price: 450 kn (30 min)

INTENSIVE

This nurturing and comforting intensive treatment provides your skin with moisture, nutrients and vitamins. It has a smoothing effect on lines and small wrinkles caused by dryness, making the skin tender and soft. Additional luxurious care of the eye area helps you look bright and awake. Slight skin irritation is smoothed out and your complexion shines with new freshness.

Price: 790 kn (60 min)

MEN POWER

The multi anti-aging treatment for men. This premium treatment for gentlemen provides new freshness and firmness. Intensive supply of cells with micro-nutrients and moisture make pale or tired complexions a thing of the past. Your eye area enjoys additional luxury care, and your complexion is given a smooth, beautiful appearance.

Price: 1,000 kn (90 min)

PROFESSIONAL RESURFACANT EXFOLIATION (natural and soft microdermabrasion)

This exfoliation treatment contains 15% glycolic acid and 0.15% salicylic acid with a pH-value of 3. It also contains fruit acids and is recommended for oily skin to regulate sebaceous glands, cleanse and narrow widened pores, and also for mature skin to remove wrinkles. The treatment is also very effective against skin macules. The results are already visible after the first treatment. These treatments are performed exclusively in the autumn, spring and winter months.

Price: 450 kn (45 min)

Note: This treatment is not recommended for pregnant women.

Eyebrow shaping

Price: 60 kn

Eyebrow or eyelash tinting

Price: 70

LUXURY MULTI-ANTI-AGING & RELAX FACIAL TREATMENTS

NIANCE®, as a genuine premium Swiss brand, is synonymous with first-class cosmetics and supplies effective products and holistic treatment methods for visibly rejuvenating the skin. Based on the very latest results in skin science and expertise gathered through intensive research activities in our Swiss laboratories, we provide your skin with optimum care.

NIANCE® is beauty care with no compromises. The purest formulations and the most innovative active ingredients will deliver a unique anti-aging effect to your skin. Your skin needs care and effectiveness on all levels. We have developed a unique concept never before seen anywhere else in the world – NIANCE® Multi-Anti-Aging!

NIANCE – FACIAL CARE for her

EXCLUSIVE TREATMENT FOR THE EYE CONTOUR AREA

Premium Glacier Eye Deluxe – a luxury treatment for the area around the eyes.

Price: 450 kn (30 min)

INTENSIVE

This nurturing and comforting intensive treatment provides your skin with moisture, nutrients and vitamins. It has a smoothing effect on lines and small wrinkles caused by dryness, making the skin tender and soft. Additional luxurious care of the eye area helps you look bright and awake. Slight skin irritation is smoothed out and your complexion shines with new freshness.

Price: 790 kn (60 min)

DELUXE

This *Deluxe* treatment provides for firmness and smoothness. Your skin will be supplied with essential micro-nutrients, accelerating the skin's natural repair function. Enhanced microcirculation results in a rosy and young-looking complexion. Additional care of your eye area removes traces of overtiredness and weakness. This is a high-performance anti-aging application for demanding skin.

The treatment begins with a relaxing back massage, continues with a detailed facial treatment which can include eyebrow or eyelash tinting, and ends with a hand massage for additional relaxation.

Price: 1,200 kn (120 min)

NIANCE – BODY CARE for her

The Luxury Multi-Anti-Aging & Relax Body Treatment

RETREAT

Pure luxury body and facial ritual for you and your senses. The anti-aging exfoliation with triple effect: a mechanical, enzymatic and gentle acid-based exfoliation serves to refine your complexion, detoxify and purify your skin deeply. The Premium Glacier Body Serum is applied in a technique especially developed by NIANCE®. It is an ultimate fat burner, tones your skin immediately, reduces the girth of abdomen, hips and thighs, and minimizes cellulite. Afterwards, relax with a unique NIANCE® massage applying the most precious NIANCE® anti-aging oils.

Price: 1,200 kn (120 min)

GLOW

Luxury anti-aging body exfoliation with triple effect: a mechanical, enzymatic and gentle acid-based exfoliation serves to refine your complexion, detoxify and purify the skin deeply, while balancing all kinds of irregularities. A subsequent treatment with the Premium Glacier Body Serum and the Premium Glacier Body Cream stimulates the lipid metabolism, tones the skin and reshapes your body contours immediately.

Price: 550 kn (40 min)

RECOVER

This luxury NIANCE® massage with the high value NIANCE® anti-aging oil compositions relieves all kinds of physical tensions and allows you to perfectly relax, while most advanced ingredients tone your skin, stimulate the lipid metabolism and reshape your body contours.

Price: 600 kn (50 min)